

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL
November 16, 2016 10:00 am to 3:30 pm
Polk County River Place, Room 1
2309 Euclid Ave, Des Moines, IA 50310
MEETING MINUTES

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Carole Police
Kenneth Briggs Jr.	Donna Richard-Langer
Jim Chesnik (phone)	Brad Richardson
Jim Cornick (phone)	Jim Rixner (phone)
Kris Graves	Lee Ann Russo (phone)
Gary Keller (phone)	Dennis Sharp
Anna Killpack	Rhonda Shouse
Sharon Lambert	DJ Swope
Todd Lange (phone)	Michele Tilotta
Brenda Lechner	Jennifer Vitko (phone)
Amber Lewis (phone)	Tracy White
LeAnn Moskowitz	Kimberly Wilson

MENTAL HEALTH PLANNING AND ADVISORY COUNCIL MEMBERS ABSENT:

Jim Donoghue	Craig Matzke
Kathleen Goines	Todd Noack
Julie Kalambokidis	Tammy Nyden
Michael Kaufmann	Christina Schark

OTHER ATTENDEES:

Theresa Armstrong	Bureau Chief, Community Services and Planning, DHS
Judy Davis	NAMI Iowa/Office of Consumer Affairs
Kim Murphy	Iowa Hospital Association
Peter Schumacher	DHS, MHDS, Community Services & Planning
Caroline Wellman	Amerigroup

Chair Teresa Bomhoff called the meeting to order at 10:00 a.m. and led introductions. Quorum was established with fourteen members present and eight participating by phone.

Dennis Sharp made a motion to approve the September and October meeting minutes as presented. Kris Graves seconded the motion. The motion passed unanimously.

Nominations Committee – Ken Briggs

Ken Briggs said the Planning Council had one application from George Estle who had recently retired from Tanager Place. Brad Richardson said he has known George Estle for some time. Jim Cornick said he had made contact with George Estle and

Ken Briggs moved the nomination of George Estle to the Mental Health Planning Council. Jim Cornick seconded the motion. The motion passed unanimously.

Election of the Chair, Vice Chair, and Secretary

Ken Briggs said that Teresa Bomhoff, himself, and Brad Richardson had all expressed interest in continuing in their roles of Chair, Vice Chair, and Secretary respectively. Teresa Bomhoff asked if anyone else was interested in serving in one of these roles. No member expressed interest.

Donna Richard Langer moved to elect the slate of officers. DJ Swope seconded the motion. The motion passed unanimously.

Members with expiring terms

Ken Briggs said that Jim Chesnik, Anna Killpack, Kim Wilson, and Donna Richard Langer have all expressed interest in serving another term on the Planning Council. Teresa Bomhoff said Brenda Lechner would serve another term as she joined two months before her current term ended. LeAnn Moskowitz, Todd Noack, Tammy Nyden, and Christina Schark all have expiring terms, but have not informed the Planning Council on whether they intended to continue.

Teresa said she wanted to recognize the members who would be continuing, and asked the nominations committee to call the other members to confirm if they will be continuing.

Ken Briggs made a motion to appoint Jim Chesnik, Anna Killpack, Kim Wilson, Donna Richard Langer, and Brenda Lechner to another term on the Planning Council. Rhonda Shouse seconded the motion. The motion passed unanimously.

Update on Michael Dieckmann – Anna Killpack

Anna Killpack said that she and the family of Jackie and Michael Dieckmann had met with Governor Branstad to share their concerns with Iowa's mental health system. Anna said she felt their concerns were heard and considered.

Teresa Bomhoff said she attended as well and that they had provided information to the Governor and his staff.

Anna said Michael's defense attorney is working to get a competency hearing for him, but it's been delayed several times. Anna said Michael did meet with a special psychiatrist for an evaluation, and that the psychiatrist told the family he would recommend that Michael was not competent to stand trial.

Legislative Priorities – Teresa Bomhoff

Teresa Bomhoff presented a list of proposed legislative priorities to the Planning Council.

Teresa presented a priority on “Step Therapy”. Teresa said this would protect individuals who have had success with a particular therapy from the unreasonable use of utilization review such as prior authorization and step therapy requirements.

There was discussion of step therapy

Rhonda Shouse made a motion to accept the step therapy place holder as a legislative priority. Carole Police seconded the motion. The motion passed unanimously.

Teresa Bomhoff presented a proposed legislative priority on revising Iowa Code Chapter 229 which refers to involuntary commitment. There was discussion about possible reforms to code referring to involuntary commitments.

Teresa Bomhoff presented a proposed legislative priority that would prevent prospective employers from asking if an applicant had ever been convicted of a felony. Teresa said that this can prevent people with mental health needs from finding employment since many individuals interact with the justice system during their recovery.

Rhonda Shouse asked about the possibility of appointing a lobbyist to represent the Planning Council. There was discussion on how to go about deciding on official positions and the rules regarding lobbying on behalf of the body.

Rhonda Shouse made a motion to appoint Teresa Bomhoff as the lobbyist representing the Mental Health Planning Council. Sharon Lambert seconded the motion. The motion passed unanimously.

Monitoring and Oversight Committee – Jim Rixner

Donna Richard Langer said there was no meeting of the committee that morning.

Teresa Bomhoff asked about the Children’s Mental Health and Well-Being Workgroup recommendation. The discussion of the group had implied that the Workgroup will recommend a Request for Proposals (RFP). Teresa asked if the funding for the RFP would be coming from the Mental Health Block Grant or from a general appropriation. Peter Schumacher said that the budget that funding for the Children’s Mental Health and Well-Being Workgroup’s RFP was included in the Department’s status quo budget.

Public Safety Workgroup Report – by Brad Richardson

Brad Richardson said that the survey in Marshalltown is still in the field, but that there have not been many responses. The committee is discussing expanding the survey to more communities.

Kim Wilson said that four counties (Polk, Johnson, Waterloo, and Clinton) are working on a project on date-driven justice. Kim said this might be an interesting project for the planning council to have information on justice-system interactions in Iowa.

Children's Workgroup – Teresa Bomhoff

Teresa said the Children's Workgroup has been continuing to meet. Mental Health Crisis services grants were awarded to Season's Center for Behavioral Health in Spencer, IA and YSS in Mason City, IA.

Teresa asked Peter Schumacher what the plans were for a second year. Peter answered that the Workgroup had discussed having one large Children's System where stakeholders that support children and families in different ways can work together and make connections and referrals to ensure the all the needs of the child and family are being met.

Michelle Tilotta said the Workgroup had been working to bring all the different components together for one large children's system that goes beyond just children's mental health crisis services.

The Department will submit a report to the General Assembly on December 15 that contains an inventory of current children's mental health services, and recommendations for continued development of a children's system. The providers who were awarded contracts for the children's mental health crisis services grant will submit reports to the Department in December, and portions of those reports will be combined into a report from the Department to the General Assembly on January 15. The Department will also submit a report on the Learning Labs grant on January 15.

The Planning Council broke for lunch at 11:45 pm

The meeting resumed at 1:00 pm

MHDS Update – Theresa Armstrong

Theresa Armstrong spoke about the Mental Health Block Grant plan. The Department does have names for the Planning Council's Block Grant Committee and Laura Larkin will be organizing meetings in January. Theresa said that the review of the Block Grant's goals will be done on December 1.

Theresa said the Department wanted to seek input from the Mental Health Planning Council on the development of a children's mental health system.

There was discussion about children's mental health prevention, early intervention, and awareness.

Theresa spoke about the Certified Community Behavioral Health Clinic (CCBHC) project and said Iowa had been granted a no-cost extension to continue giving technical support and trainings through June 2017. The Department has submitted its application for the CCBHC

demonstration grant, and should hear by the end of the year whether Iowa is one of the eight states to continue in the project. The clinics that were selected are Heartland Family Services in Council Bluffs, Seasons Center for Behavioral Health in Spencer, and Abbe Center for Community Mental Health in Cedar Rapids.

There was a discussion about the CCBHC project and its goals.

Theresa spoke about a report the Department will submit to the General Assembly on Iowa's Mental Health Redesign. The report was on the services, management, and finances of Iowa's fourteen MHDS Regions. Theresa said the Department sought input from stakeholders and advocates in the development of the report. Theresa said the report also addressed how Iowa meets the needs of individuals with severe multiple complex needs, and the need to develop a wider array of mental health and substance use services in the community.

Anna Killpack asked about subacute services and if there had been any applicants to the Department of Inspections and Appeals (DIA). Theresa answered that there had been one application from Hillcrest in Dubuque, and that application was being processed.

Teresa Bomhoff asked when the Department would be able to present on an updated MHDS Regional Dashboard. Theresa Armstrong said the MHDS Regions submit their annual data in December, and that the Department would need to review it before presenting it publicly. Theresa said the Department would expect to be able to present updated dashboards with 2016 data in early 2017.

Teresa Bomhoff asked about the Medical Assistance Advisory Council (MAAC). LeAnn Moskowitz said she was working on administrative rules that would address the MAAC's responsibilities, organization and operation, but it would not be ready for public comment for a few months.

There was a discussion about IA Health Link and concerns from members and providers.

There was a discussion about inpatient psychiatric beds and their availability.

Teresa Bomhoff asked about the Office of Consumer Affairs (OCA). Theresa Armstrong answered that NAMI Iowa was developing their plan for the OCA. Theresa Bomhoff asked about the state's Olmstead Plan. Theresa Armstrong answered that Connie Fanselow was continuing to work with a committee from the Olmstead Consumer Taskforce to make the plan more clear and easier to read for the general public.

Teresa Bomhoff asked about the progress of rewriting Iowa Administrative Code Chapter 24, which concerns the accreditation of mental health service providers. Theresa Armstrong said the Department had received applications for accreditation from several mental health providers for crisis services. As a result, the rewriting of the chapter has slowed to address those providers.

Sharon Lambert asked what can be done to prevent people with serious mental illness from being put in jails rather than receiving treatment. Theresa Armstrong said that the Department will be convening a workgroup to address issues like this. Theresa said MHDS Division Administrator Rick Shults and Director Charles Palmer are committed to developing a

comprehensive array of mental health services to serve individuals with severe and complex needs in the community.

Iowa Department of Public Health – Michele Tilotta

Teresa asked if there was a change in how providers reimbursed by the Substance Abuse Block Grant (SABG) would be paid. Michele said the SABG funds treatments services through twenty-three service providers that are competitively procured and cover the entire state. There is a 20% set-aside for primary prevention efforts, and those efforts are in schools, in corrections, and cover alcohol and drug use.

Michele said provider contracts for IDPH-funded providers also contains activities which providers can contract for such as: tobacco, care coordination, early intervention services, and others

There was discussion on information could be included in the SABG application and plan.

Public Comment

There was no public comment

The meeting was adjourned at approximately 3:05 pm.

Minutes respectfully submitted by Peter Schumacher